

Hello Year 4!

We hope you have had a lovely Easter break with your families and are keeping safe!

We have set up your topic learning for the next week as slides for you to follow.

There will be a mixture of History, Geography and weekly HeartSmart

Miss Hill and Mrs Brown

The Romans

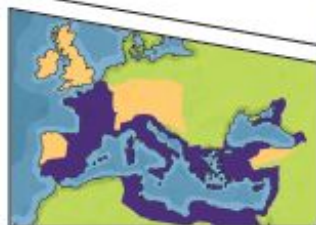
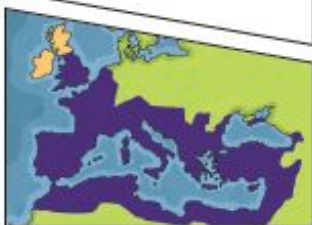
Over the next few weeks we will be doing a range of activities based around the Romans.

As we would normally delve really deep into Roman lifestyle in school, we are hoping that we can give you a little taster of what Roman life was like ready for when we can learn about them again in school!

Enjoy some of these cool facts: <https://www.youtube.com/watch?v=6dohpfFPi6U>

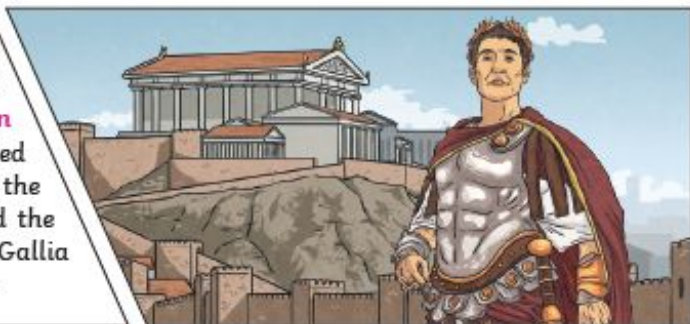
Key Vocabulary

Caledonia	The name used in Roman times for Scotland.
Celts	People living in Britain.
emperor	The ruler of an empire.
Iceni	A tribe of Celts who lived in the east of Britain.
legion	A large section of the Roman army, made up of 5000 soldiers.
Picts	Tribes from Caledonia .
Roman Empire	The name used for the land that was controlled by the Romans, including parts of Europe, Middle East and North Africa.

Map showing the **Roman Empire** in 44 BCMap showing the **Roman Empire** in AD 305

To look at all the planning resources linked to the Romans unit, [click here](#).

55 BC: The First Raid
Julius Caesar wanted to extend his **Roman Empire** so he attempted to invade Britain but the **Celts** fought back and the Romans returned to Gallia (modern-day France).



54 BC: The Second Raid
Julius Caesar tried to take over Britain again. This time, he took bigger and stronger **legions** and had some success. Some British tribes were forced to pay tributes (luxury items, such as gold, slaves or soldiers) in order to carry on living how they were.

AD 43: Invasion

The new **emperor**, Claudius, was determined to make more of Britain part of his **Roman Empire** and started a successful invasion. Many **Celts** realised how powerful this Roman army was and agreed to obey Roman laws and pay taxes. Other tribes of **Celts** continued to fight against the Romans, who never gained full control of Britain.



AD 60: Boudicca's Rebellion

The Romans decided that the **Iceni** tribe needed to start paying taxes but Queen Boudicca, the ruler of the tribe, refused to let this happen and formed an army to fight the Romans. Thousands of people died in these battles but the Romans eventually won.



The Romans built elaborately designed Roman baths where people would go to relax and socialise. Some of these impressive buildings still remain today.



AD 122: Hadrian's Wall

The **Caledonian** tribes fought battles against the Romans who had tried to take their land. The Romans wanted a way to separate their land from the **Picts** so the Roman **emperor**, Hadrian, ordered a wall to be built to protect the Romans' land. The wall was 117km long with castles, guarded turrets, major forts, barracks, bathhouses and even hospitals.



The Romans were famous for building long, straight roads to transport **legions**, supplies, trading goods and messages from the **emperor**. You can still see some Roman roads today, 2000 years after they were built.



Early in Roman times, the Roman people believed in many different gods and goddesses whom they believed controlled different aspects of their lives, such as time, love and the seas.



Monday 20th April

The Romans

Chronological Order: *Time order*

Make your own timeline of important dates and events in your life.

What would you include?

Born

Started school

Lost your first tooth

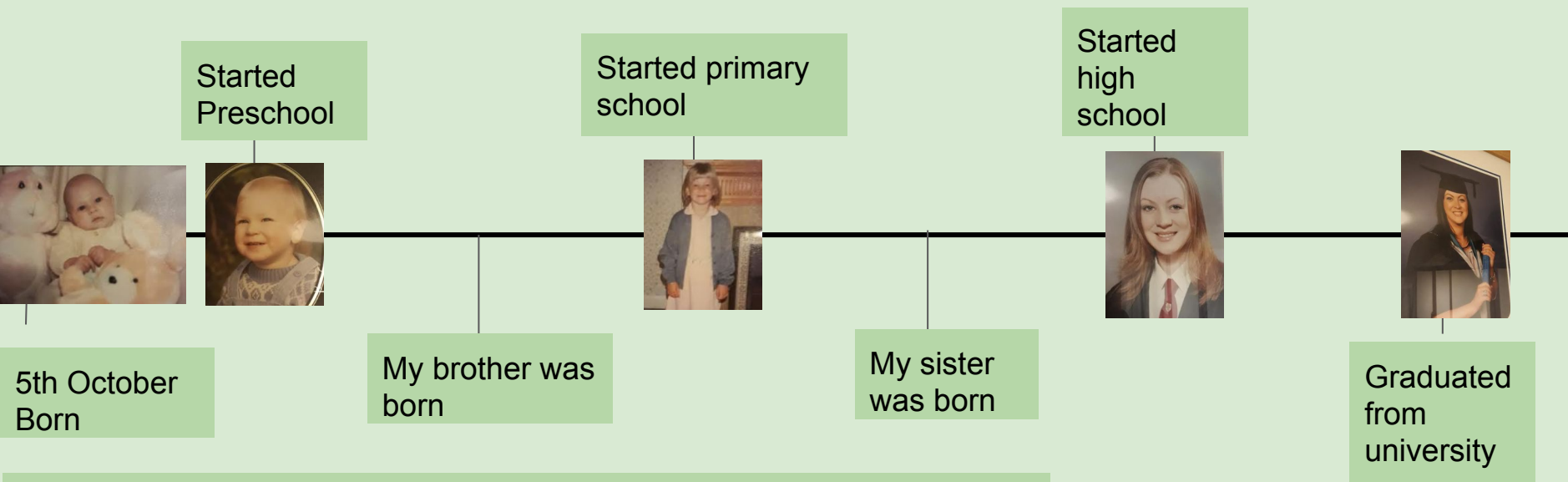
What wouldn't you include?

What you had for dinner!!

Monday 20th April

The Romans

Miss Hill's Timeline



What extras would you include to make it a detailed timeline?
Dates, pictures or drawings, names of places?
How could Miss Hill improve hers?

Monday 20th April

The Romans

Chronological Order

https://www.ducksters.com/history/ancient_rome_timeline.php

Follow this link and explore some of the important dates in Roman History.

Tuesday 21st April

The Romans

Origins of the Roman Empire

The story of Romulus and
Remus



Read the story that has been loaded onto Week One of the Home Learning packs.

Tuesday 21st April

The Romans

Activity

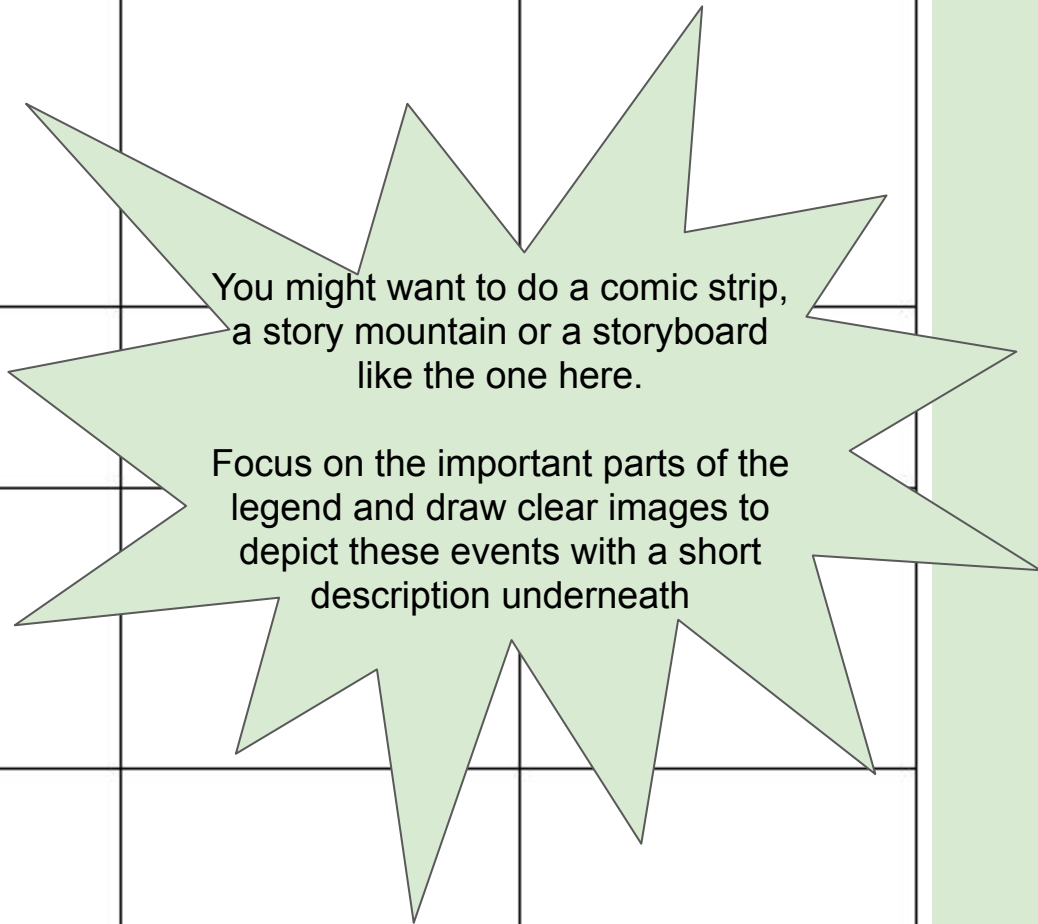
Can you storyboard the Legend of Romulus and Remus.

Include the main events of the story, the most important parts which a key to the legend.

What do we know about myths and legends already?

Can you name any others that you know of?

Picture			
Text			



In the classroom we have been studying and learning about sound.

- How it travels to the ear
- High sounds and low sounds
- Loud sounds and quiet sounds

Sit quietly for 60 seconds and make a list of everything you can hear.
Try this in different places; garden, bedroom, even the bath!

Can you hear the same sounds? Can you hear them at the same amplitude?
What is affecting the sounds in different places?

Thursday 23rd April

HeartSmart

It is probably pretty tricky not being able to go outside, run about at the park or see your family and friends.

We are all experiencing the same tiredness, boredom, worry, uncertainty and frustration. Just as much as our grown ups!

I want you to take 30 minutes of your day (or more if you want) and draw a picture!

You might think....WHAT, MrsB and MissH have gone bonkers! But bare with us!

Follow this link, put the calming music on and draw a picture of what makes you really happy. <https://www.youtube.com/watch?v=qFZKK7K52uQ>

It could be seeing your friends, going on holiday, bike rides, going to school (maybe!) and really take your time drawing it. Think of every little detail you want to include.

This will be something you can look forward too when we are able!



Friday 24th April

Physical Activity

We need to make sure we are still being as active as possible, especially as we are unable to have our normal PE lessons in school **and** that lots of you do physical activity outside of school!

Below are some links to different types of activity that you could do at home. If you can do a little bit of physical activity every day it will help your bodies and your minds!

<https://www.youtube.com/user/CosmicKidsYoga>

<https://www.youtube.com/user/thebodycoach1>

<https://www.youtube.com/watch?v=uRnLAaEgtWE> - can you do your own exercises to this?

https://www.youtube.com/results?search_query=just+dance+kids

Friday 24th April

Physical Activity

Your Own Personal Workout

Can you design an 8-minute work out of your own?

Could you work out be a 200 rep challenge (1 exercise 10 times and do 20 exercises?)

For example:

10 press ups

10 Burpees

10 frog jumps

Create your own exercise which will raise your heart rate and keep you fit!