

Hello Year 4!

We hope you are happy and continuing to keep safe!

We have set up your topic learning for the next week as slides for you to follow.

There will be a mixture of History, Geography, Science, P.E and weekly HeartSmart.

Miss Hill and Mrs Tally

Monday 4th May

The Romans

We are hoping that you've been able to find out some interesting information about the Romans.

We wonder what you already know.
What is your favourite discovery so far?

This week we will focus on Roman Soldiers!

Monday 4th May

The Romans

Have a look at:

<https://www.youtube.com/watch?v=-OCFeUDUohs>

Task- Read the information on the following slide.

Create a fact sheet/poster about Roman Soldiers.

You could use the template provided or create your own.

If you are drawing your own soldier then you may like to skip to the art lesson before you draw!

Roman Soldiers Information

Read the information about Roman soldiers and then colour and label the Roman soldier picture using the information you have learned. Next, do your own research about the Roman army and write down ten facts to share back in school.

Helmet

The helmet of a Roman soldier was called a cassis or galea. It was made of metal and it was designed to protect the head from sword blows.



Tunic made of wool

Shield

The shield was called a scutum. It was quite light so it could be held in one hand. It was curved so it would fit around a soldier's body to protect from blows. It was wide enough so that soldiers could join their scuta together in formation in battle. The metal protrusion on the front (boss) could also be used to attack the enemy, used in a punching motion.



Body Armour

The body armour was made from overlapping iron strips. The iron strips were fastened with hooks and laces at the front and hinged at the back. The straps were held together with leather strips on the inside so that the armour would be flexible so the soldier could bend. The whole of the body armour was strengthened by front and back iron plates below the neck.

Linen undershirt

Caligae

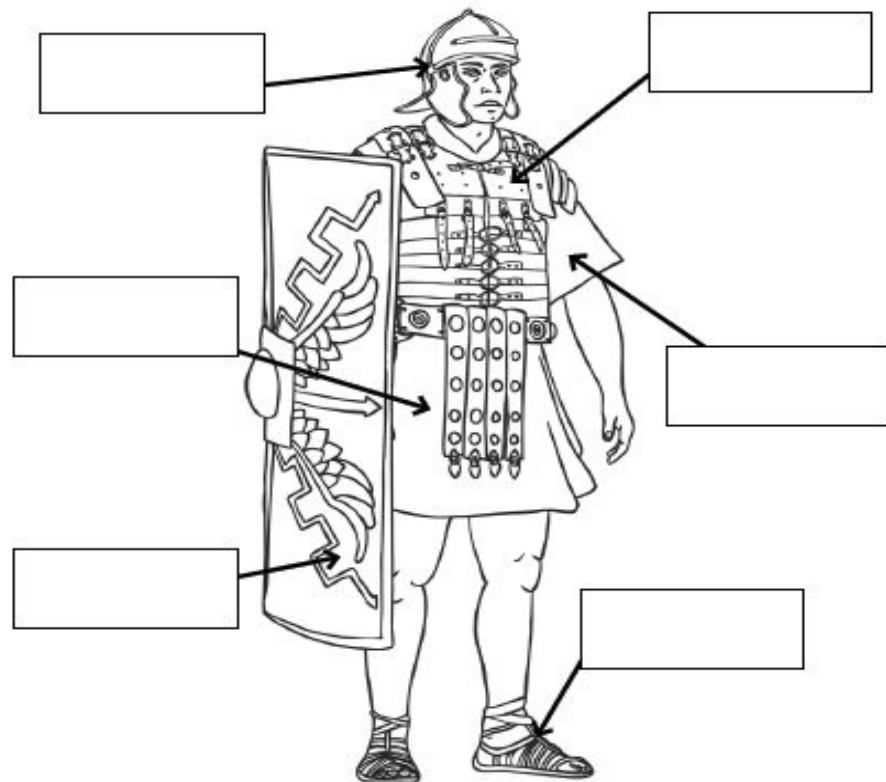
Roman sandals were called caligae. They were made from different thicknesses of leather. Hobnails (metal studs) were attached to the sole of the sandal so that it would not wear easily and it could be used on rough ground and also for striking enemies with after they had fallen.



Roman Soldiers

Ten Facts about the Roman Army

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Tuesday 5th May

The Romans

ART

Let's draw our own Roman Soldiers!

You'll need a plain sheet of paper (A3 if you have it) and a pencil.

Watch the clip below.

<https://www.youtube.com/watch?v=8uEkOhWJWb0>

Pay attention to detail. You may want to have several attempts.
Enjoy!

Wednesday 6th May

The Romans

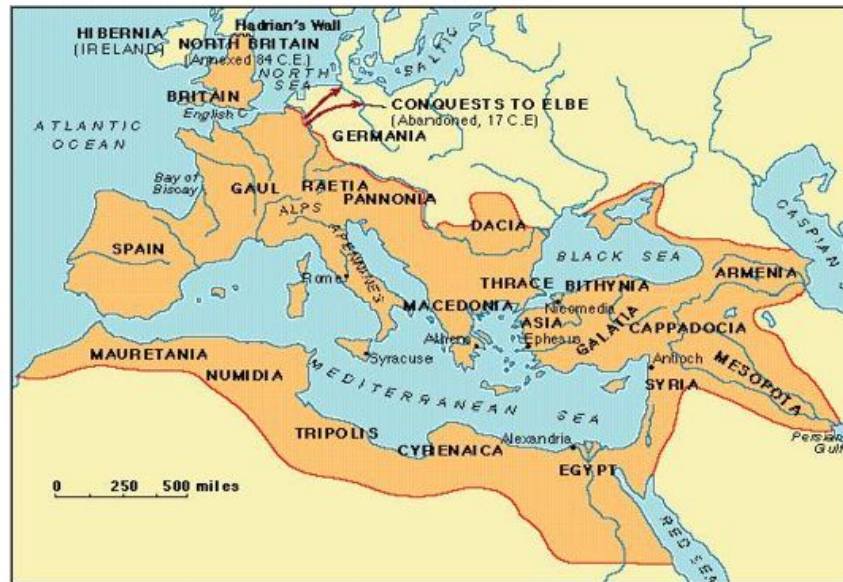
Geography

On the following page you will find a larger version of this map.

The orange area on the map shows the Roman Empire.

TASK- Find out what these countries are called today. Use an atlas or a world map that you find online.

The Roman Empire



Wednesday 6th May

The Romans

The Roman Empire



Thursday 7th May

HeartSmart



Look at the next slide.
Draw the chart.

Think about the different voices that you have in your life (e.g teacher, parent, carer, friend). Write some of the things that each person says about you and draw a heart next to the voices that bring the most encouragement and love. These are the voices that you should listen to. Draw a star next to the most important voice to you.

Thursday 7th May

HeartSmart

Who?	Things they say about me...

Thursday 7th May

Physical Activity

Find a time that suits you and make sure that you do some physical activity-it's good for the body and soul!

At St.Catherine's we use a resource called 'Real PE'. Please access this at home! We are sure that you'll enjoy it!

There are so many benefits to being active, not only to our physical wellbeing but also to our emotional and mental health, especially in such testing times for all of us. We hope that the ideas help support you and your family to stay fit and healthy in the coming months. Here are the details to access **real PE** at home:

The website address is: home.jasmineactive.com

Parent email: parent@stcatherin-1.com

Password: **stcatherin**

Friday 8th May

Happy VE Day!!!

Have a day off!!!

Ask your parents to
Explain what
VE day is.

