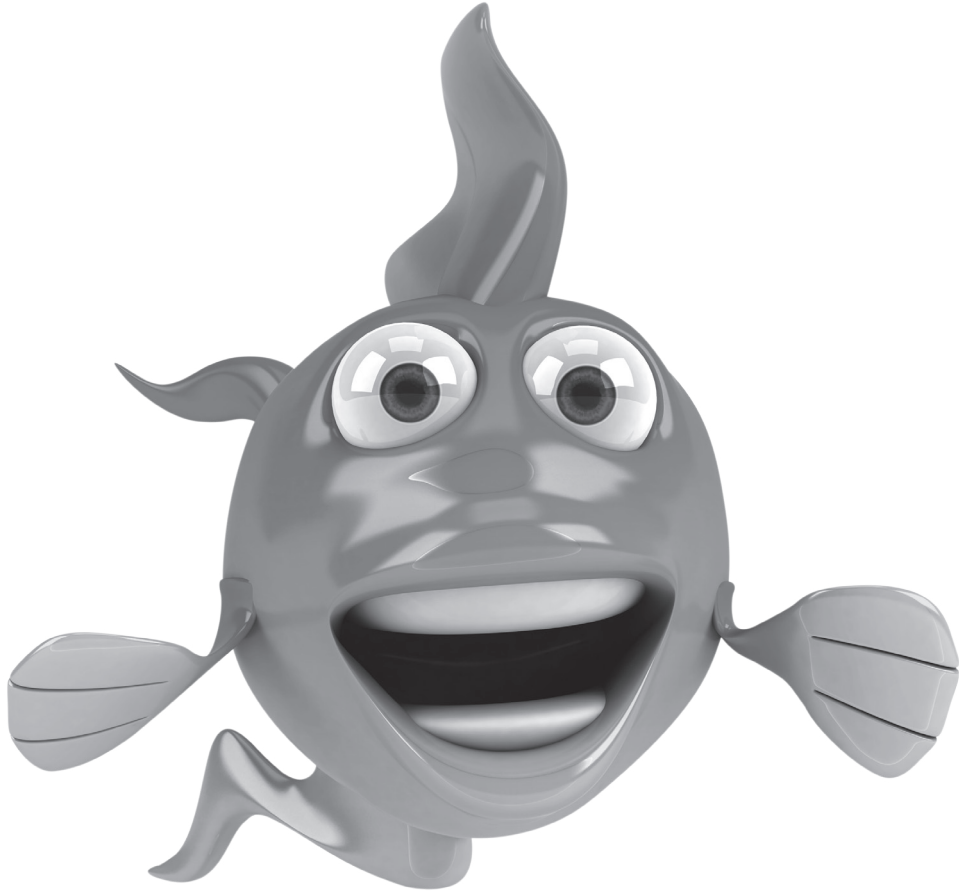


LITTLE FISH – BIG POND



(An intervention programme to support pupils
in transition to secondary school)

Name:

My primary school is:

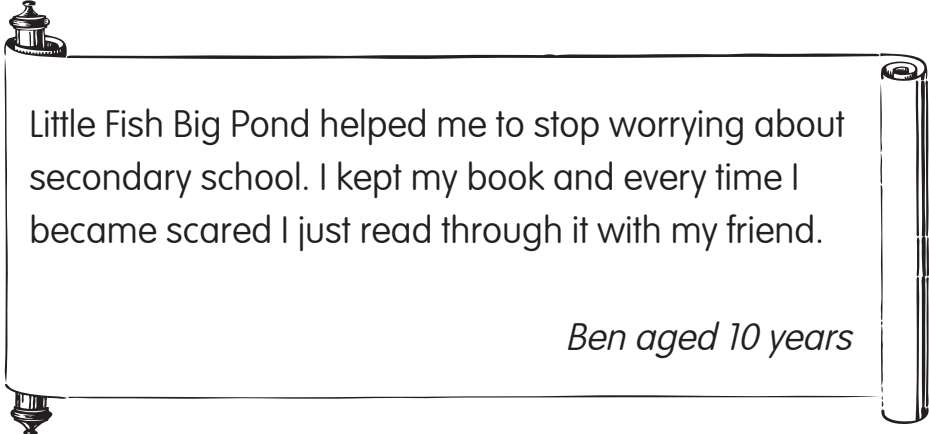
My secondary school is:

Date:

NOTES TO FACILITATOR

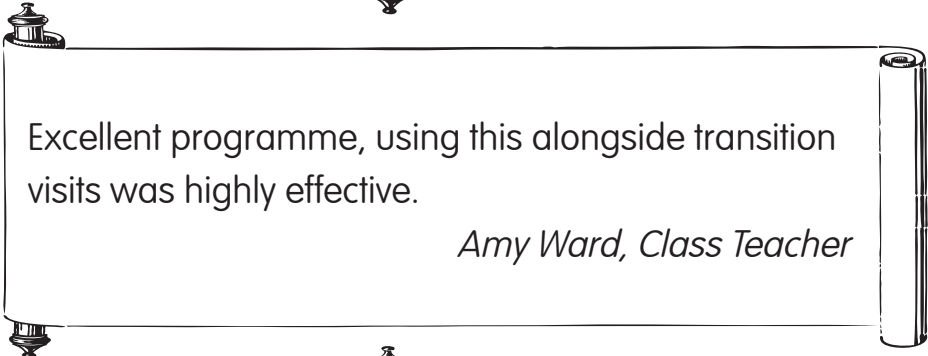
This programme has been designed to support Year Six pupils with their transition into secondary school. This significant time of change can be worrying to even the most confident pupil. Little Fish Big Pond gives pupils the chance to find out more about their future placement and allows them to discuss their fears and concerns in a supportive environment.

The programme can be delivered to a whole class, however, small group work for particularly vulnerable pupils would benefit them more effectively, providing them with realistic expectations and allaying any premeditated fears.



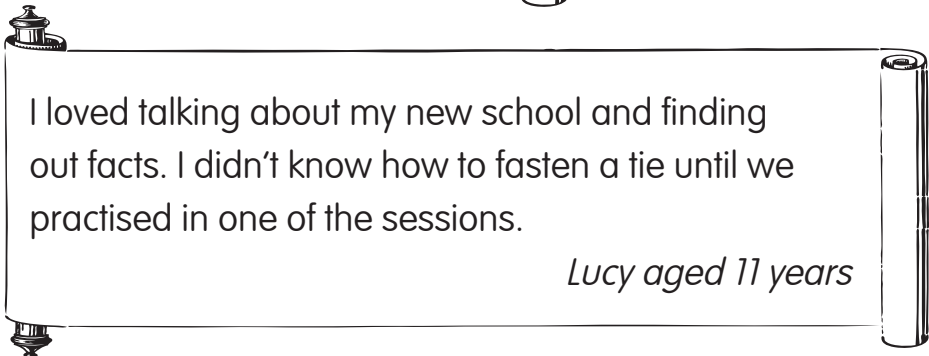
Little Fish Big Pond helped me to stop worrying about secondary school. I kept my book and every time I became scared I just read through it with my friend.

Ben aged 10 years



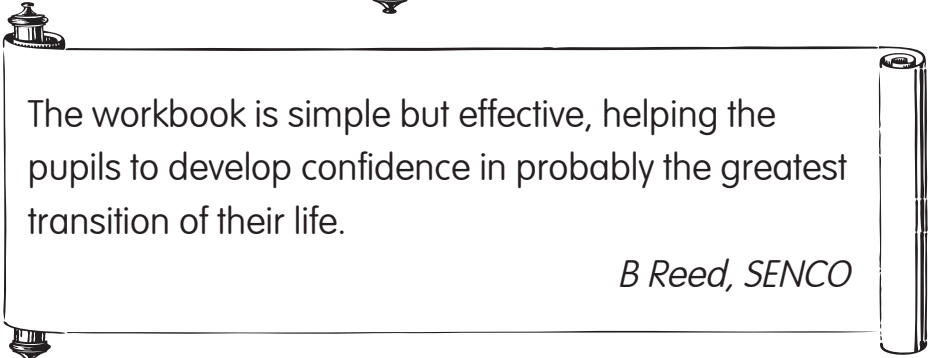
Excellent programme, using this alongside transition visits was highly effective.

Amy Ward, Class Teacher



I loved talking about my new school and finding out facts. I didn't know how to fasten a tie until we practised in one of the sessions.

Lucy aged 11 years



The workbook is simple but effective, helping the pupils to develop confidence in probably the greatest transition of their life.

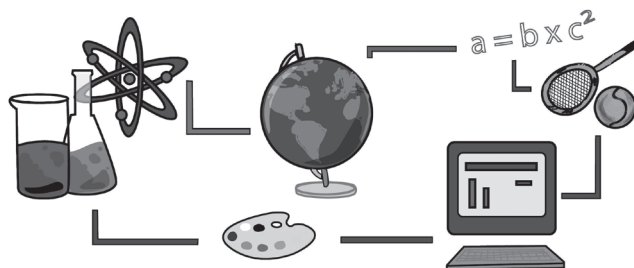
B Reed, SENCO

THOUGHTS ON MOVING TO A NEW SCHOOL

Think about when you were at primary school, about to change schools...



Not O.K.

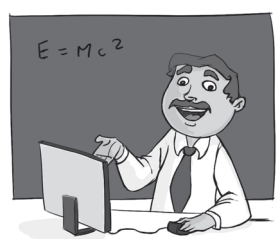


O.K.

On a scale of 0 – 10 how worried were you about the following?
Indicate by shading the numbered strip.

Homework

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----



Finding your way around

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Dinner time

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Wearing uniform/PE kit

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Taking a shower

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Bells for the end of lessons

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Being with friends

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Being with older pupils

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

School rules

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Learning new subjects

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----



Being able to do the work

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Meeting new teachers

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Following a timetable

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Did you have any other worries, not yet mentioned?

.....

.....

.....

.....

.....

.....

OUR GROUP RULES

Name of our group:

We all agree to abide by our rules:



OUR SIGNATURES

Date:

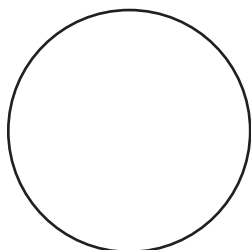
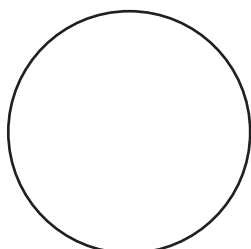
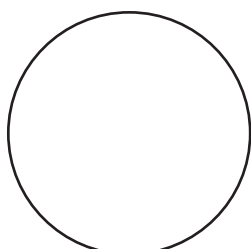
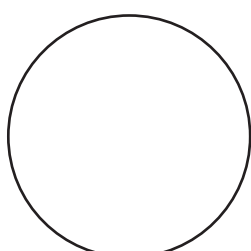
FEELING MASKS

Sometimes we put on a mask to cover feelings of being scared, lonely, worried, sad, mad or even happy.

Draw feeling faces and write the word
for the feeling you try to hide



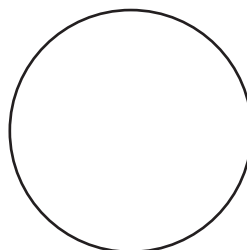
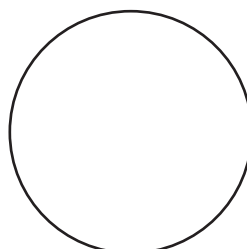
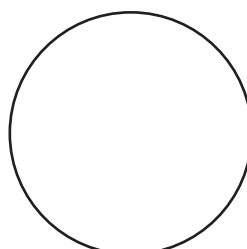
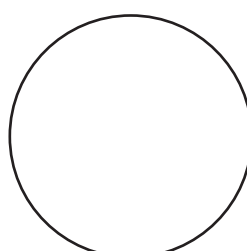
Scared



Draw below and write the name for the
'pretend' feeling mask you use



Confident



SNAKES AND LADDERS

(Meeting new people)

Design your own snakes and ladders game using the template on the next page. You will need to think of twelve statements for the squares you land on. Write them down below then transfer to the template. If you really feel adventurous you could replace the snakes and ladders with other objects ie forks and spoons.

Up the ladder

(positive statements for making friends)

1 Smile at the person

2

3

4

5

6

Down the snake

(negative statements to alienate friends)

1 Ignore the person

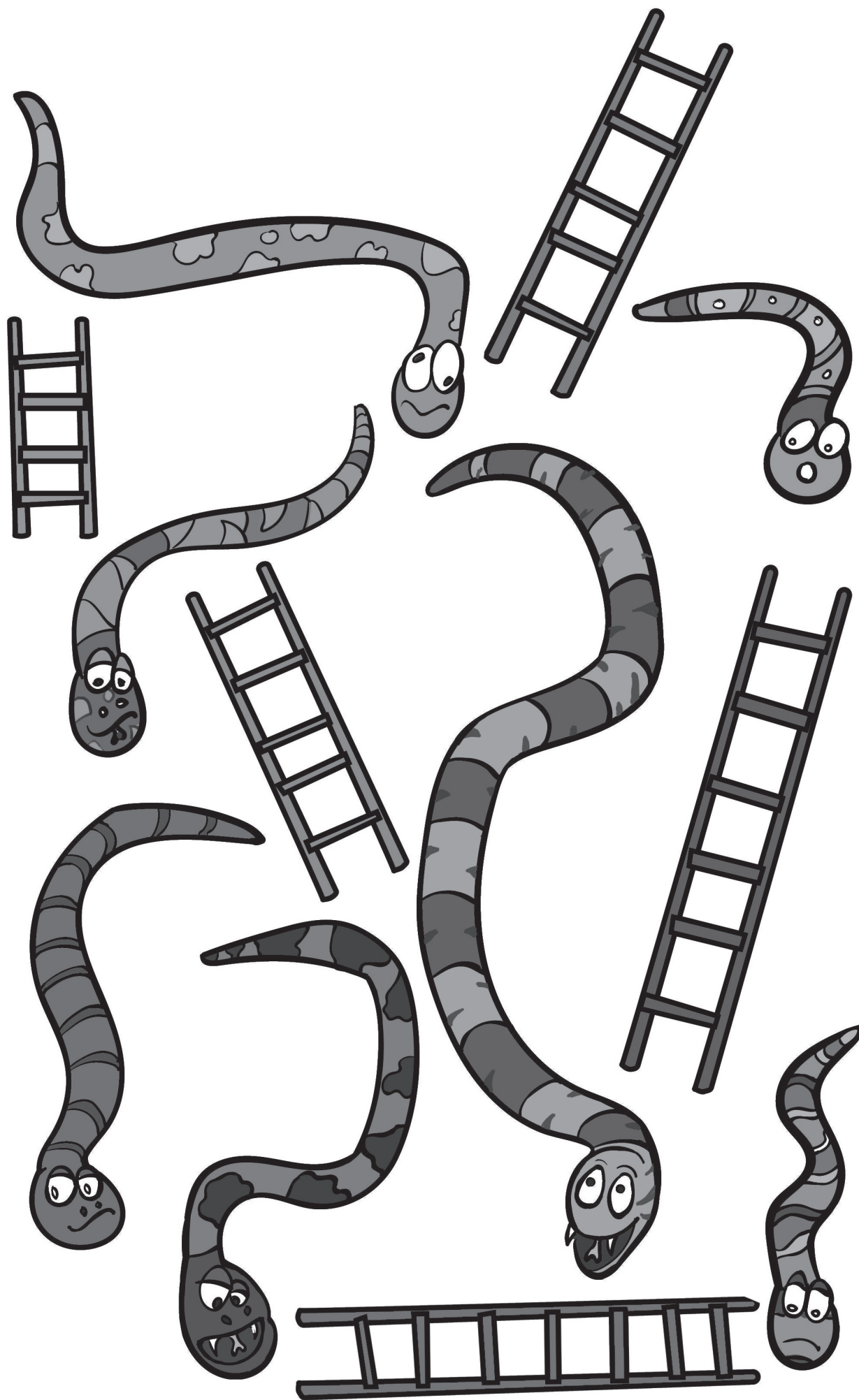
2

3

4

5

6



MEETING NEW PEOPLE GAME

49	50	51	52	53	54
48	47	46	45	44	43
37	38	39	40	41	42
36	35	34	33	32	31
25	26	27	28	29	30
24	23	22	21	20	19
13	14	15	16	17	18
12	11	10	9	8	7
1	2	3	4	5	6

TALK CARDS

Cut out the statements on the following page and place them in the box which is most relevant to how you feel.

Talk Cards



I'm worried about



I'm confident with



I'm not sure about

STATEMENTS

Using a computer.

Answering
questions in front
of the class.

Asking for help.

Following
instructions.

Remembering
what I need to
take each day.

Reading aloud in
front of others.

Using a mobile
phone in school.

Asking my
teacher for help.

Knowing how
to tie a tie.

Working in a
group.

Spelling.

Neat writing.

Maths.

Making myself
understood.

GETTING ORGANISED

1

.....

2

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3

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4

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5

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6

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7

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8

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Make a list of the things that will need to go in your new school bag.

1

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2

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3

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4

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5

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6

.....

7

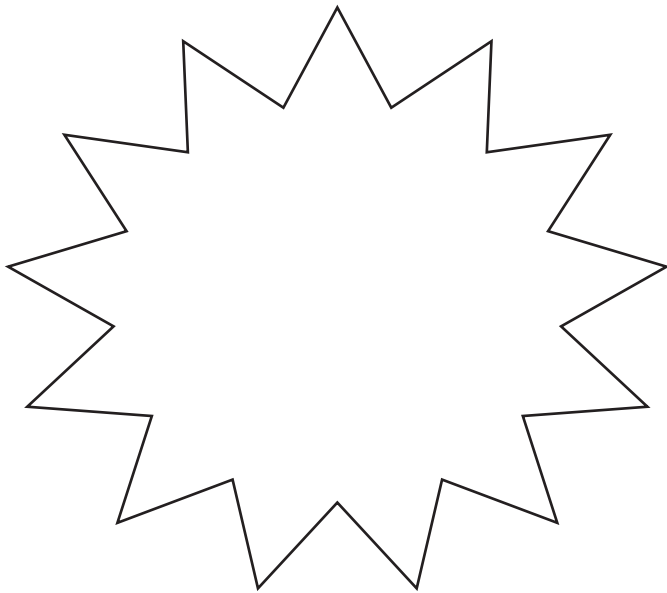
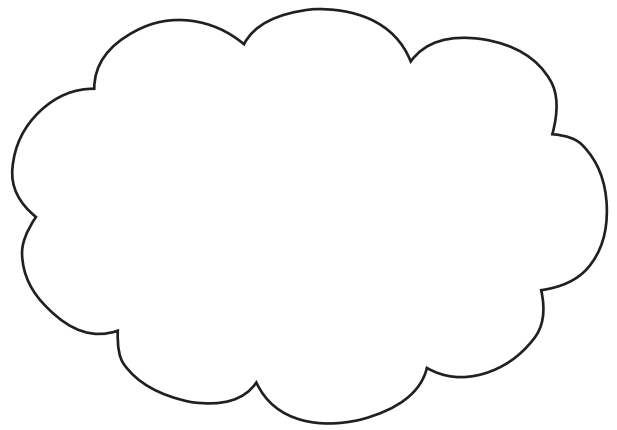
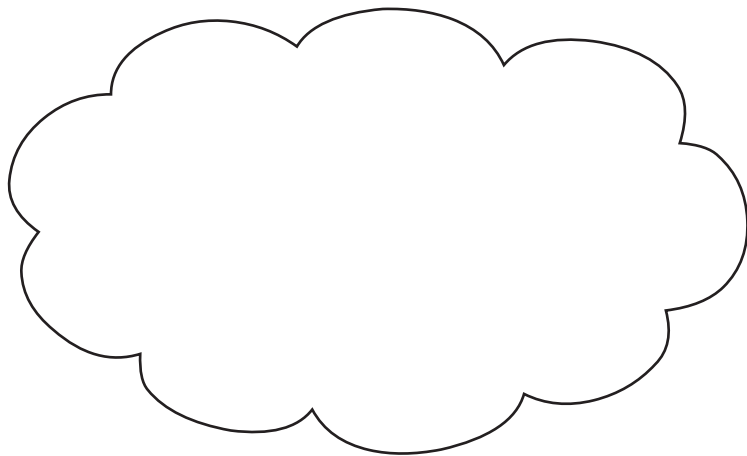
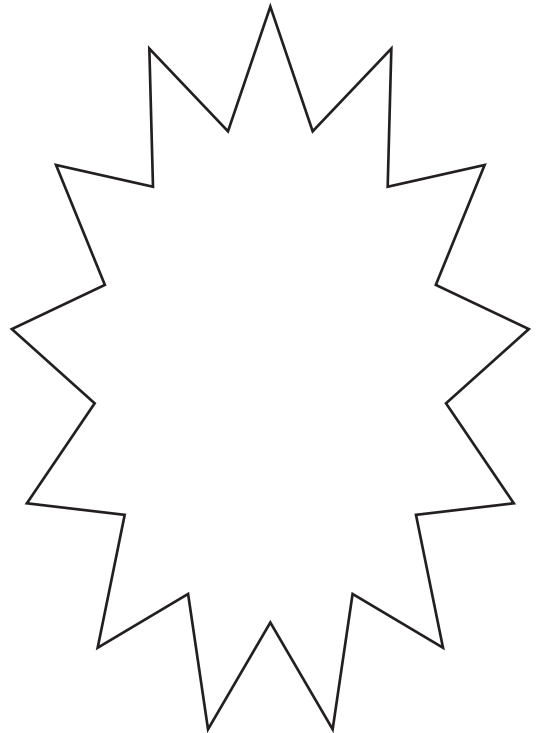
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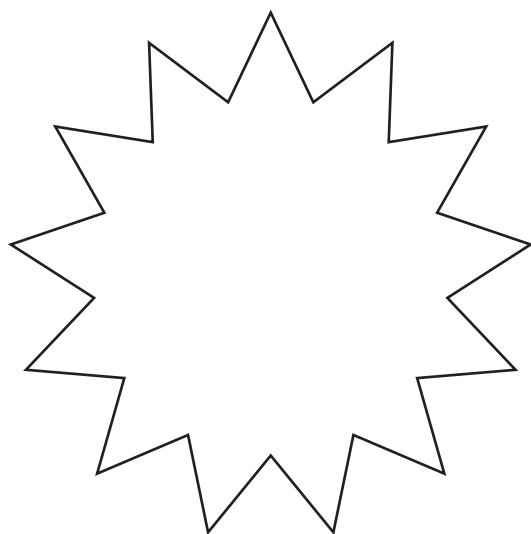
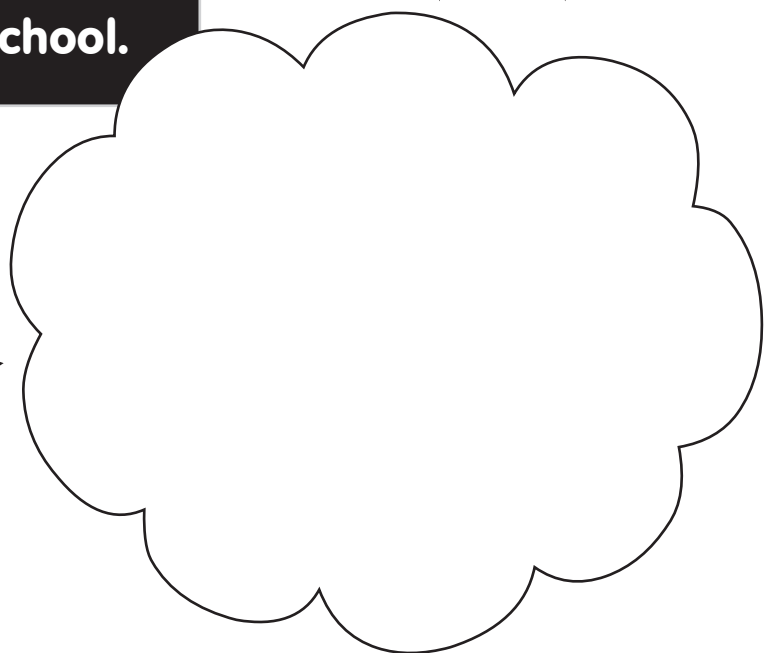
.....



Make a list of your new school uniform.



**My worries and hopes about
starting secondary school.**



Write your worries in the rain clouds and your hopes in the stars.
Discuss with your group.

FEELINGS

Put a tick next to the feelings you sometimes (✓), always (✓✓) or never (✓✓✓) have.

scared	nervous	important
brave	sad	empty
lonely	unloved	disgusted
confused	ignored	jealous
proud	angry	shamed
loved	afraid	embarrassed
cheated	excited	frustrated
miserable	bored	disappointed
furious	special	guilty
hurt	happy	worried



Happy



Afraid



Angry

I AGREE

I DISAGREE

Read the following statements and write them in the appropriate square (discuss with the group).

My new school will be different from my primary school because:

- I will have lots of different teachers.
- The school is quite big.
- It is a long way from home.
- There will be lots of new pupils.
- I will have to catch a bus.
- There will be a cafeteria system for lunches.
- Homework will increase.
- If there's a problem I will have to go to my form tutor.

QUESTIONS

Questions that are important to me

- 1 What happens if I am ill?
- 2 Who do I tell if I have a dentist appointment?
- 3 What will I do if I lose my bus pass or bus money?
- 4 How will I get to my new school?
- 5 What if I need the toilet during a lesson?

Now think of some of your own

- 1
- 2
- 3
- 4
- 5

HELP – WHAT WILL I DO?

Discuss with your group and write down possible solutions.

You are lost!
You will get into trouble as you
are now 10 minutes late for
your lesson.

I could

You have not done your
homework because you didn't
write the instructions
down properly.

I could

You have forgotten your
PE kit.

I could

You have missed the school
bus and don't have any
money to get home.

I could

Your best friend goes off
with someone else.
You don't really know anyone
else to hang about with.

I could

THE OLD AND THE NEW

Things I will miss about primary school



1

2

3

4

5

Things I won't miss about primary school



1

2

3

4

5

MY ROAD TO SUCCESS

When I was in Key Stage One I could

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.....

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When I was in Nursery I could

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When I go to Secondary School I will

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Now I am in Year Six I can

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When I am 14 I will

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When I leave school I will

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