Do you know who this is?



You might recognise him from the news!

Captain Tom Moore

100-year-old British war veteran, Captain Tom Moore has completed **100** laps of his 25m back garden in Marston Moretaine, Bedfordshire!

He has raised over £28 million for Britain's National Health Service (NHS) and has received donations to his fundraising challenge from all around the world!



Captain Tom began raising funds to thank NHS staff who helped him with treatment for cancer and a broken hip, he originally aimed to raise just £1000 but quickly passed his target!



Captain Tom Moore fundraising news story
https://bbc.in/2Y0hMsC

Sometimes it’s not the biggest actions that can have the biggest impact and that all of the things that we do affect the world around us!

Captain Tom didn’t even leave his garden but managed to raise a lot of money and raise the spirits of the nation!

Can we think of anything we can do at the moment to help others?



Let's make a difference!



Here's one idea…

Write a letter or thank you card and send it to someone who has made a difference in your local community. This could be for a key worker, family member or neighbour.



