Year 1 Home Learning

Week 3 and Week 4

St Catherine's CE Primary School

Dear Year 1 children,

We hope you are continuing to stay safe at home. It was so lovely speaking to some of you on the phone last week ☺ We miss you all very much!

We hope you enjoy the work that has been set. After speaking to your Mums and Dads it sounds like you are all trying really hard. Continue having fun at home and help your grown-ups when you can.

We cannot wait to see you all!

Mrs Ross, Miss Wheeler, Miss Townsend, Mrs Shelley, Mrs Jones and Mrs Hulagu ☺

Dear Parents and Carers,

We hope you are all continuing to keep safe and well. We have provided another set of ideas and learning activities for you to try at home with your child over the next two weeks. Following feedback from a few parents, we have provided the work packs in both PowerPoint and PDF format where possible.

We look forward to speaking to you again over the next two weeks.

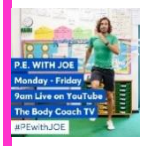
Year 1 team ☺

PE and Well-Being.

It is really important to keep both your body and mind active during your time at home. If you haven't already, please try and have a go at one of the activities below. They are great exercise and lots of fun too!



Cosmic Kids – Yoga, mindfulness and relaxation designed especially for children aged 3+, used in schools and homes all over the world. https://www.youtube.com/user/CosmicKidsYoga
There is also a Cosmic Kids App available to download.



Joe Wicks 'The Body Coach' is live streaming daily workouts at 9:00am Monday – Friday. It's a great way to get you energised and ready for the day ahead! https://www.youtube.com/user/thebodycoach1

We have also uploaded two PE lessons (one for each week) to our online work pack. You will find this in an additional folder on the Year 1 page named 'P.E.'

Life Skills

Fortnightly challenge!

We hope you were all able to complete the last challenge 'make your own bed'. Try and keep it up each day.

There is so much learning that can be done in your home environment. Take this time to learn a new skill and become more independent. This time we challenge you to learn how to…



Tie a shoelace!

Good luck!